# CUISINE LAB SOCIAL GASTRONOMY ENVIRONMENTALLY CONSCIOUS REFUGEE INTEGRATION



## **SEASONAL MENU**

Rue Michelle Nicod 2 +41 22 314 56 68 catering@cuisinelab.ch 0 f

cuisinelab.ch

# **CUISINE LAB**

SOCIAL GASTRONOMY ENVIRONMENTALLY CONSCIOUS REFUGEE INTEGRATION



We are thrilled to welcome you to Cuisine Lab's catering service. Since 2017, we've had the pleasure of sharing the flavors of the refugees' home countries.

Our team of chefs is passionate about bringing the unique tastes of their homelands to your table. We combine these traditional techniques with local and seasonal Geneva ingredients to create mouthwatering menus that change seasonally.

At Cuisine Lab, we prioritize social, economic, and environmental sustainability, and we are proud to employ refugees in meaningful positions. By partnering with local producers like Geneve Cultive at Jardin des Nations and Ferme de Bude, we are able to reduce waste and offer primarily local and seasonal ingredients in each meal.

We believe in minimizing waste not just for environmental reasons but also as a vital training objective for our aspiring chefs. By training them to be modern, economically responsible cooks, we are empowering them with valuable skills that will serve them for years to come.

All of our income goes towards training and employing refugees, so when you choose us, you are not just getting delicious food; you are also supporting a worthy cause.

We truly appreciate your consideration and look forward to the opportunity to cater your next event.

#### The Cuisine Lab Team

Origin of meat and fish: Beef (CH), Chicken (CH), Fish (depending on availability)

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## **COCKTAIL DINNER / APERITIF**

## SAVORY

- V Beetroot Salad Mixed beetroots with pomegranate and dill
- **V** Falafel
- $\circledast$  with tahini dip
- ${f V}$  Vadai
- Sri Lankan lentil doughnut with coconut chutney
- **W** Mutabal Talal
- Syrian roasted aubergine and pomegranate in cucumber bite
- **W** Muhammara

Roasted red pepper, walnut and pomegranate in puff pastry

#### Kofta

Eritrean beef and onion meatballs with cherry tomato

#### Fish cutlets

Crispy fried fish and potato with Sri Lankan spices

**V** Injera rolls

Traditional Eritrean sourdough filled with spinach or lentils

- Cheese burak Crunchy filo pastry with mozzarella and feta
- **V** Za'atar Rolls

Homemade dough filled with oriental herbs paste (sesame, oregano, sumac and thyme)

#### **Kitfo**

beef tartare (spiced minced raw beef) with mini injera chips.



- Syrian style fruit salad Fresh fruits and berries with whipped cream & pistachios
- Carrot Cake Sri Lankan spiced cake bites with cream cheese icing
- Baklava Pistachio and orange blossom pastry

18 CHF
25 CHF
32 CHF
39 CHF

20 persons minimum. For orders of less than 20 persons prices shall be customized and may differ from the above.





## BUFFET

## SRI LANKAN

#### STARTER

#### $\heartsuit$ Samosas

Crispy fried pastry filled with spiced potatoes and seasonal vegetables, served with sweet chili sauce

#### **MAIN COURSE**

- Ghee Chicken and Coconut Rice Roast chicken in ghee and yoghurt gravy with Brinjal Mojo aubergines and pickled onions
- **V** Gaayathri's Daal
- Sri Lankan spiced red lentils
- V Green Beans in Coconut Milk
- Green Beans in a light coconut curry sauce

#### DESSERT

Kesar Peda Traditional condensed milk and cardamom sweet

Option: Naan fait maison à 3 CHF per piece

## ERITREAN served with injera

#### **STARTER**

**W** Beetroot Salad

Mixed beetroot salad with dill and pomegranate seeds

#### **MAIN COURSE**

- Obro Wot (gluten free option) Chicken thighs with onions, spicy berbere and boiled eggs
- W Misir Wot (gluten free option) Eritrean-spiced red lentil stew
- Gomen Wot (gluten free option)
  Spinach sautéed with onions and garlic

#### DESSERT

Tiramisu (Vegetarian Symbol) Saba's Eritrean tiramisu with homemade ladyfingers WHOLE MENU44 CHFSTARTER + MAIN DISH36 CHFMAIN DISH + DESSERT36 CHF

15 persons minimum. For orders of less than 15 persons prices shall be customized and may differ from the above.

\*\*Disposable equipment (cutlery, plates, napkins, bamboo boats) will be 3 CHF per person

\*\* Seasonal fruit salad is available as a vegan dessert on all our buffet menus

## SYRIAN

#### STARTER

- V Rocket Salad (Vegetarian symbol /vegan optional)
- Syrian winter salad of rocket leaves with mushrooms and halloumi

#### MAIN COURSE

**Syrian Roast Chicken** With freekeh and tarragon yoghurt sauce

- V Batata Harra (Vegan + Gluten free Symbols)
- Syrian-style spicy roast potatoes with garlic and coriander
- **W** Barasya (Vegan + Gluten free symbol)
- ③ Syrian leek and carrot stew with olive oil and lemon

#### DESSERT

Dessert: Halawet el-jeben (Vegetarian Symbol) Semolina dough filled with sweet cheese





### **COFFEE BREAKS**

## SANDWICHES MENU

#### WELCOME COFFEE 6 CHF/pers (15 pax minimum)

**Coffee or Tea** 

#### Na'amoul

A Syrian butter cookie made with semolina flour filled with dates.

## MORNING COFFEE BREAK

12 CHF/pers (15 pax minimum)

#### **Coffee or Tea**

Fresh Juice or Homemade Kombucha or Iced Tea

**Flat or Sparkling Filtered Water** 

#### **S** Egg pastry/ Veggie pastry

Puff pastry filled with boiled egg OR seasonal vegetables with caramelized onions and masala spices.

#### or

Cardamom Buns Twisted pastry filled with cardamom butter

© Fresh fruits (for a vegan option) Local fresh fruits available during the season

## AFTERNOON COFFEE BREAK

12 CHF/pers (15 pax minimum)

#### **Coffee or Tea**

Fresh Juice or Homemade Kombucha or Iced Tea

#### **Flat or Sparkling Filtered Water**

**V** Pani Pol

Soft pancake rolled with jaggery sugar or

#### **S** Barazek

Syrian cookie with sesame seeds and crushed pistachios, flavored with spices, vanilla and honey

#### **Fresh fruits** (for a vegan option) Local fresh fruits available during the season

S Falafel wrap

Homemade falafel, yogurt tahini sauce, tomatoes, lettuce, pickles

#### **Shish Taouk Sandwich**

Oriental flavor marinated chicken with coleslaw salad, roasted potatoes, pickles and Garlic paste

Sandwich (10 pax minimum)	14 CHF/pers
Mixed Platter of Sandwich Pieces (10 pax minimum)	18 CHF/pers
Lunch Bag (Sandwich + dessert + drink)	25 CHF/pers

## **CUISINE LAB TAKE-AWAY** WEEKLY MENU

#### We offer a daily special meal for take-away. The menu is released each Friday. You can order in advance. Call +41 22 314 56 68

**Daily Special** Daily Special + Drink or Dessert Daily Special + Drink + Dessert

18 CHF/pers 24 CHF/pers 26 CHF/ pers



## **BEVERAGE PACKAGES\***

OPEN BAR: upon request and according to the event hours

## STANDARD

19 CHF / pers (Yvan Parmelin wine)

- 2 glasses of local white, red, or rose wine

- Water (still or sparkling)

## PREMIUM

24 CHF / pers (Yvan Parmelin wine)

- 2 glasses of local white, red, or rose wine
- Water (still or sparkling)
- Soft drink

PRESTIGE 32 CHF/ pers (Yavn Parmelin wine)

- 1 glass of local sparkling wine Baccarat Blanc de Blanc
- 2 glasses of local white, red, or rose wine
- Soft drink
- Water (still or sparkling)

#### \*Homemade alcoholic cocktails can be added to any of the above-mentioned packages, upon request.

\* Non- Exhaustive wine list

#### **Yvan Parmelin wine**

Yvan Parmelin pinot noir (Bio local Domaine de la croix- Canton de Vaud)

Yvan Parmelin Chasselas (Bio local Domaine de la Croix- Canton de Vaud)

Yvan Parmelin Rosé de mes rêves (Bio local Domaine de la Croix- Canton de Vaud)



## **SOFT DRINKS**

Fruit juice

#### Homemade drinks

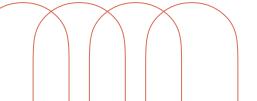
Toot (Syrian drink made of Blackberries) Homemade iced tea Chai Masala (hot or cold) Saffron Chia juice

Local softs Wide selectional of artisans from Neuchatel to Vevey

Cola Kinaï Grano Mate Lemonade Mandarine Kinaï

## **MINÉRAL WATER**

Arkina water (still & sparkling)



## **CATERING SERVICES**

## **DELIVERY / PICK-UP**

To help you organize your event and fully devote yourself to your guests, we offer professional kitchen staff and service team along with our transportation and delivery service, upon request.

#### Kitchen team

The kitchen staff is responsible for ensuring that the food served is hot, beautifully presented and in sufficient quantity.

The cost of a cook is calculated on a minimum of 3 hours from the departure to return to our premises for 45 CHF per hour.

Night hours are increased by 25%, in accordance with Swiss labor law, between 10 pm and 7 am. For kitchen staff during peak periods the prices may vary.

#### **Collecting orders**

All your orders can be collected from Cuisine Lab at Rue Michelle-Nicod 2, 1202 Genève, free of charge at a confirmed time.

#### **Food deliveries**

Free delivery for the neighbors and walking distance from Cuisine Lab. A flat rate of 40 to 60 CHF according to time and location.

## **EVENT/CONFERENCE SPACES**

#### Service team

Our service team are professionals and available to assist:

- Arranging tables and chairs
- Setting the tables
- Serving drinks
- Serving food
- Explaining the menu to the guests
- Ensuring that the guests areas remain clean and that requests are managed
- Cleaning up at the end of the evening.

The cost of a service person is calculated on a minimum of 3 hours. The hours of service are counted upon arrival at the location of your event.

The hourly rate for servers is CHF 45 per hour.

Night hours are increased by 25%, in accordance with Swiss labor law, between 10 PM and 7 am.

PLEASE NOTE for service personnel at the end of the year, the conditions and rates are different.

Cuisine Lab works in collaboration with the Ecumenical Centre, located adjacent to Cuisine Labs restaurant. The Ecumenical center offers meeting rooms and event spaces from 10 to 50 people that can be rented by the day, half-day, or hour.

Ecumenical Centre 1 Route des Morillons 1218 Le Grand-Saconnex - Switzerland

## **PAYMENTS TERMS AND CONDITIONS**

50% deposit upon approval of the quotation 50% final payment is due 5 working days upon receiving the invoice

Payment can be made by credit card / debit card or bank transfer.

Bank Details CUISINE LAB Rue Michelle-Nicod 2, 1202 Genève IBAN : CH4800788000050730378 BIC : BCGECHGGXXX

## **CANCELLATION**

If a client needs to cancel the event, the client must provide written notice along with any required cancellation fees that may be accrued.

Kindly take into consideration that upon approving the quotation, Cuisine Lab is committing time and resources to this event and thus cancellation would result in a loss of income and business opportunities.

Therefore, the following cancellation limitations will apply:

- If a client requests cancellation of this contract one month to 15 days before the event, there will be no financial obligation.

- If a client requests cancellation 15 days to 7 days before the event, the client will pay 100% of the 30% deposit (advanced payment).

- If a client requests cancellation 7 days to 3 days before the event, the client will pay 50% of the event total amount.

- If a client requests cancellation less than 3 days before the event, the client will pay 100% of the event total amount.

- If Cuisine Lab requests cancellation, this shall be obtained in writing to the client, and Cuisine Lab shall refund all amounts previously paid by Client.

Any modifications or cancellation must be made by directly contacting Georgia AlZahr on +41 78 25 000 11, Monday to Friday, from 10:00 a.m. to 5:00 p.m., or by email catering@cuisinelab.org

